

EXODUS

The New American Standard Bible (NASB) has been used to prepare this Study.
When a question instructs you to use your "study tools/helps",
this means to use your personal concordance, dictionary or other resource.

Chapter 20

Looking Back:

As they journeyed on, the LORD led them to the wilderness of Sinai where they camped in front of the mountain. As soon as they were settled, Moses immediately "went up to God" to receive instruction from Him. The message that Moses was to deliver to the people was basically this, "Obedience will result in blessing". The people had no hesitation in proclaiming, "All that the LORD has spoken we will do"!

Moses was to "prepare" the people to meet God, at the foot of the mountain. Remember what this preparation consisted of: washing of their garments and...by the way, "do not go near a woman"!! Two days of consecration and on the third day, the LORD promised to come down on Mount Sinai where the Israelites would hear God speaking to Moses from a thick cloud. Awesome!!

So...when the third day came, the people were a bit taken back. The display of God's presence was so intense that they were shaking in their boots (or sandals in this case). This was, however, a necessary "healthy fear", so the people wouldn't even consider stepping over the boundaries that had been set.

Looking Ahead:

In this chapter, Moses is given the Ten Commandments and, in turn, he delivers them to the people. Commandment #1 is "You shall have no other gods before me". What an appropriate way for the Israelites to "begin" their walk of obedience with God. Think about it! If God is number one in their lives (and ours), the other nine should just come naturally. If only it were that simple!!

Let's prepare our hearts to read and apply the beautiful Commandments of our LORD. It's easy for us to think that we are doing pretty good in obeying them until we take a closer look and realize that we are sinners in need of a Savior. Aren't you incredibly thankful that our eternity is NOT based on how well we keep these Commandments, but completely upon the shed blood of Christ?

Moses takes on the role of intercessor in this chapter. Because of the thunder, lightning, etc., the Israelites "prefer" that God speak to Moses and Moses speaks to them. Of course, we don't need a human intercessor....Jesus intercedes for us every single day!!

This week's Memory verse is John 4:24. Begin memorizing the verse(s) today.
Pray and ask the Holy Spirit to help you memorize this passage and for opportunities to apply it...

"God is spirit, and those who worship Him must worship in spirit and truth."

John 4:24

Write out John 4:24 _____

Write this verse(s) on your index cards... keep one with you & post the other in a prominent place.

♥ What do you believe it means to "worship in spirit and truth"? _____

DAY ONE

Pray then read *Exodus 20:1-6*

1. God immediately sets the foundation as to **why** the Israelites are to live according to the Ten Commandments. What is it? (v.2) _____

2. Write out the 1st Commandment: (v.3) "_____."
A. What do you believe this means? _____

"The sin against this commandment, which we are most in danger of, is giving that glory to any creature which is due to God only. Pride makes a god of ourselves, covetousness makes a god of money, sensuality makes a god of the belly. Whatever is loved, feared, delighted in, or depended on, more than God, that we make a god of." John Wesley

3. Write out the 2nd Commandment: (v.4) "_____,"

A. What do the following verses teach in regard to an "idolater" or "idolatry"? **Mix & Match**

- | | | |
|-------------------------|-------|------------------------------|
| 1. 1 Corinthians 5:11 | _____ | a deed of the flesh |
| 2. 1 Corinthians 6:9-10 | _____ | to flee from |
| 3. 1 Corinthians 10:14 | _____ | will not inherit the kingdom |
| 4. Galatians 5:19-20 | _____ | a part of the past life |
| 5. 1 Peter 4:3 | _____ | not to be associated with |

B. In addition to NOT worshipping an idol, what else were they NOT to do? (v.5a) _____
1. Why does God prohibit idolatry? (v.5b) "For I, the LORD your God, am a _____,"

Note: "God is not jealous of us. God is jealous for us." Alan Redpath

C. What will the consequence be to those who hate God and worship others gods? (v.5c) _____

1. Read Romans 1:22-25. What will be the result of worshipping the *creation* rather than the *Creator*?

4. What is the benefit to those that love Him and keep His commandments? (v.6) _____

A. Record what Deuteronomy 7:9 says. _____



Perfect segue to practice our memory verse, John 4:24 "_____ is _____, and those who _____ Him must worship in _____ and _____." _____ : _____

DAY TWO

Pray then read *Exodus 20:7-11*

1. Write out the 3rd Commandment: (v.7a) "_____,"

Define: VAIN _____

A. What motivation is given for keeping this Commandment? (v.7b) _____

1. What are some ways in which this Command may be broken? _____

B. Read Matthew 6:9. How does Jesus instruct us to treat the name of God? _____

Define HALLOWED _____

2. Write out the 4th Commandment: (v.8) "_____,"

A. Why do you believe they needed this "reminder" to "remember"? _____

1. What do you believe it means to "keep it holy"? _____

3. How many days were they to labor? (v.9) _____
- A. What were they NOT to do on the seventh day? (v.10) _____
1. Who was expected to observe the Sabbath? (v.10b) _____
- B. As New Testament Believers, are we required to observe the Sabbath today? (Colossians 2:16-17)
Explain. _____
1. How did Jesus refer to Himself in Luke 6:5? _____

“Lord of the Sabbath. Not only had Christ claimed deity (5:20), but now He claimed sovereignty over the Sabbath day and its laws and asserted His right to interpret its laws without reference to the traditions of the Pharisees.” Ryrie Study Bible

4. Why did God want them to work 6 days and rest on the seventh? (v.11) _____
- A. Read Hebrews 4:1-11. ***In your own words***, what is this passage saying? _____

“The rest spoken of here is the rest that occurs when you give up trying to earn salvation or blessing – when you realize it’s not through your works, by your energy, because of your righteousness, or due to your prayer life. True rest occurs when you realize your salvation is not dependent upon anything you do but rather upon who Jesus is, and what He’s done.” Jon Courson



Time to practice John 4:24 _____

DAY THREE

Pray then read ***Exodus 20:12-15***

1. Write out the 5th Commandment: (v.12a) “ _____,”
Define HONOR _____
- A. This Command has a promise attached to it. What is it? (Also see Ephesians 6:2-3). _____

♥ List a couple practical ways of honoring our parents, regardless of what kind of parent they have been:

Is it possible to honor a parent(s) that have died? Explain. _____

2. Write out the 6th Commandment: (v.13) “ _____,”
Define MURDER _____
- A. Read Matthew 5:21-26, what new insight does Jesus give in regard to this Command? _____

3. Write out the 7th Commandment: (v.14) “ _____,”
A. Read Matthew 5:27-28. How is it possible to violate this Command without committing the “physical act”?

♥ Perhaps you (single or married) have violated this Command physically, or in your thought life, and are being condemned by the enemy’s lie that God will never forgive **you**. Read 1 John 1:9. You must confess your sin to the Lord; ask for His forgiveness (*and receive it!*) He will direct you in regard to further steps to take...

4. Write out the 8th Commandment: (v.15) "_____."

A. List some "obvious" and "not so obvious" ways that we, as Christians, steal? _____

1. What is God's solution to stealing? (Ephesians 4:28) _____

Something To Ponder: Read Malachi 3:8-10. Share your thoughts on this: _____



Time to practice John 4:24 _____

DAY FOUR

Pray then read **Exodus 20:16-21**

1. Write out the 9th Commandment: (v.16) "_____."

A. Read Exodus 23:1. What are we doing when we *bear a false report*? _____

1. How can this be avoided? (Exodus 23:7a) _____

2. Write out the 10th Commandment: (v.17) "_____."

Define COVET _____

A. According to Hebrews 13:5, what is the opposite of "coveting"? _____

Define CONTENT _____

1. What warning does Jesus give us in Luke 12:15? _____

"It is natural to desire things, even though they belong to others. True, and that only shows the fallen and depraved state of our nature. The last Commandment is especially designed to show men their sinfulness and their need of a Saviour. Believers, too, are exhorted to 'beware of covetousness' (Luke 12:15). There is only one exception, and that is stated in I Corinthians 12:31: 'Covet earnestly the best gifts.'" Arthur W. Pink

3. What did the people perceive? (v.18a) _____

Define PERCEIVE _____

A. After the people saw **it**, what did they do? (v.18b) _____

4. What did the people request of Moses, and why? (v.19) _____

♥ We are so blessed to freely approach our heavenly Father without fear! Share how 1 John 4:18-19 encourages **you**. _____

5. Moses attempts to comfort God's people with the words "Do not be afraid". What had God come for? (v.20)

* in order to _____, * and in order that _____

1. Do you believe that were they comforted? Explain (v.21) _____

a. Who has become **our** Mediator, and at what price? (1 Timothy 2:5-6) _____



Perfect segue to practice John 4:24. Remember to speak it as you write it: _____

Ask someone if you may share John 4:24 with them. If you did... share with your group 😊

DAY FIVE

Pray then read Exodus 20:22-26

1. Moses approaches the thick cloud where God was... according to v.22b, what did God want the sons of Israel to be told? _____

A. According to Deuteronomy 4:36, for what purpose did He allow them to hear Him? _____

“Here begins ‘the book of the Covenant’ (24:7) which continues through 23:19 and which applies the Ten Commandments to details of everyday life.” Ryrie Study Bible

2. What Commandment is repeated in v.23? _____

A. Why do you believe this the first and foremost Commandment? _____

“It was God, once more insisting upon His unrivalled supremacy. And then immediately after this, instructions are given concerning the altar.” Arthur W. Pink

1. According to Revelation 4:11, why is God alone worthy of our praise? _____

3. God will now set forth His guidelines in regard to sacrifice.

** What was the altar to be made of? (v.24a) _____ What offerings were to be made? _____

** List the animals acceptable for this. (v.24b) _____

** Write out God’s promise to the sons of Israel? (v.24c) _____

** If someone chose to build an altar of stone for God, why was a “cut” stone unacceptable? (v.25) _____

** What is the unacceptable way to approach the altar? (v.26) _____

“Nor shall you go up by steps: God wanted no display of human flesh at His place of covering sacrifice. Steps might allow the leg of the priest to be seen. God doesn’t want to see our flesh in worship. What God does want from us in worship is seen by Jesus’ statement in John 4:24 : *God is Spirit, and those who worship Him must worship in spirit and truth.* God wants worship that is characterized by *Spirit* (as opposed to flesh) and *truth* (as opposed to deception or mere feeling). David Guzik *How did Pastor David know this was our Memory verse this week!?! 😊*

4. **Challenge:** Commit the Ten Commandments to memory. Recite them to the other ladies in your group!



Time to practice & write out your memory verse: _____

*“You shall make an altar of earth for Me,
and you shall sacrifice on it your burnt offerings and your peace offerings, your sheep and your oxen;
in every place where I cause My name to be remembered,
I will come to you and bless you.”
Exodus 20:24*

