

EXODUS

The New American Standard Bible (NASB) has been used to prepare this Study.
When a question instructs you to use your "study tools/helps",
this means to use your personal concordance, dictionary or other resource.

Chapter 16

Looking Back:

We sang along in chapter 15, as Moses and the Israelites (full of praise and wonder) penned a beautiful song to the LORD. They had stood in awe as the LORD delivered them from the cruel pursuit of the Egyptians. As they recalled the awesome miracles that God had done on their behalf; the parting of the Red Sea and the total annihilation of the mighty army of the Egyptians, they were reminded of the greatness and power of the Almighty.

It would be nice if the story had ended here, but sadly, it didn't! The LORD knew that His people needed to be tested, so they soon found themselves in a place without water. Bummer! Remember how they faithfully reflected on God's goodness and faithfulness... NOT!! Instead, they grumbled and complained. Not that they "deserved" to be rescued from their thirst, but the LORD lovingly provided a way... again.

Looking Ahead:

As the children of Israel travel from one place to another, it becomes evident that Moses must learn how to "deal" with repeated bouts of grumbling and complaining. Last week they were grumbling about the water. Now, they are up in arms about the food... so much so that they are "missing" the meals they enjoyed in Egypt! Wow!! Are you really choosing to forget all the cruel oppression and bondage? ☹

Once again, however, the LORD comes through. He not only gives them meat to eat in the evening, but He provides this strange wafer-like "stuff" every morning. Awesome. As they see this sweet provision spread out over the surface of the wilderness they ask, "what is it", hence they called it manna.

We will also be introduced to the Sabbath in this chapter, a beautiful rest for the people of God. There are some simple, yet specific instructions given in regard to this new observance as it relates to the manna, but do you think the people will hear and understand? Let's find out.

This week's Memory verse is Philippians 2:14-15. Begin memorizing the verse(s) today.

Pray and ask the Holy Spirit to help you memorize this passage and for opportunities to apply it...

"Do all things without grumbling or disputing; so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world."

Write out Philippians 2:14-15 _____

Write this verse(s) on your index cards... keep one with you & post the other in a prominent place.

DAY ONE

Pray then read *Exodus 16:1-5*

1. When did the *all the congregation of Israel* come to the wilderness of Sin? (v.1c) _____

A. How is the *wilderness of Sin* referred to in Ezekiel 30:15? _____

"the wilderness of Sin. SW area of Sinai. They had left Egypt one month before" Ryrie Study Bible

2. What began in the *wilderness of Sin*, directed at whom? (v.2) _____

A. Why? (v.3) _____

"They have been only about six weeks in the wilderness, and already they are up in arms against their leaders. Remember that we have the same kind of people to deal with as Moses and Aaron had. The children of Israel were no better than any other nation; and I do not think they were any worse. We may take them as a fair average of human nature, which is a discontented, rebellious thing in the best of circumstances." C. H. Spurgeon

3. The words **GRUMBLE(ING) / COMPLAIN(ING)** and/or **MURMUR(ING)** are very similar in their definitions.

** What are we told in the following verses SPECIFICALLY about "grumbling"?

John 6:43 _____

Philippians 2:14 _____

A. Why is this so important for the Believer? (Philippians 2:15) _____

** What are we told in the following verses SPECIFICALLY about "complaining"?

James 5:9 _____

1 Peter 4:9 _____



♥ Perhaps you are grumbling, complaining &/or murmuring **to and/or about others**. If so, you must repent, and **STOP!** Ask the Lord to change your heart, and immediately begin practicing one, or all of the Psalms above! He will hear you, and He will change your heart... **and** your perspective... if you let Him! Remember Romans 12:1-2!!

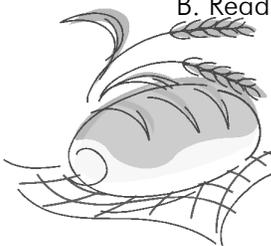
4. Write out the LORD'S promise to Moses: (v.4a) "*Behold* _____";

A. What specific instructions are given to Moses in regard to this promise? (v.4b) _____

1. Why? (v.4c) _____

B. Read John 6:32-35, *below*. Who is the true Bread of God that came down from Heaven? _____

1. Using the word **BREAD**, list some qualities, characteristics and purposes of **the True Bread of Life**:



Jesus then said to them, "Truly, truly, I say to you, it is not Moses who has given you the bread out of heaven, but it is My Father who gives you the true bread out of heaven. "For the bread of God is that which comes down out of heaven, and gives life to the world." Then they said to Him, "Lord, always give us this bread." Jesus said to them, "I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst.

B
R
E
A
D

5. What was "special" about the 6th day? (v.5) _____

A. The LORD would provide the food. What responsibilities did the people have? (Numbers 11:7-8) _____



Time to practice our memory verse: "Do _____ things without _____ or _____, so that you will _____ yourselves to be _____ and _____, children of _____ above reproach in the midst of a _____ and _____ generation, among whom _____ appear as _____ in the world." _____: _____ - _____

DAY TWO

Pray then read *Exodus 16:6-12*

1. According to v.8, the LORD would provide _____ in **the evening** and _____ in **the morning**. "

A. What would be the "result" of the LORD'S faithful provision? (v.6-7a)

** At evening you will **know** _____

** in the morning you will **see** _____



1. What does the Lord want you to “know” and “see” in regard to your:

** Physical needs (Philippians 4:19) _____

** Emotional needs (1 Peter 5:7) _____

** Spiritual needs (2 Peter 1:2-3) _____

B. Just to be sure, WHO were the Israelites “grumbling” against? (v.8c) _____

2. What instruction does Moses tell Aaron to give to the entire congregation of the sons of Israel in v.9?

“Come _____, for _____.”

A. Describe what the Israelites saw when they looked toward the wilderness: (v.10) _____

♥ The Israelites “saw” the glory of the Lord appear to them **in the cloud**. They did not actually see the LORD, but they saw the “glory” of the LORD! What do you believe they actually saw? How did they know it was the LORD? Has the Lord ever revealed Himself to you in some way that you had not a doubt that it was Him? Share your thoughts:

3. In v.11-12, the LORD reminds the sons of Israel that He had heard their grumbling; they would be given meat, and that they would be filled” with bread. Why? (v.12c) _____

“And ye shall know that I am the LORD your God - This gave proof of His power as the LORD, and His particular favour to them as their God; when God plagued the Egyptians, it was to make them know that He is the LORD; when He provided for the Israelites, it was to make them know that He was their God.” John Wesley

A. How is **this** bread referred to in the following verses?

Nehemiah 9:15 -	Psalms 78:25 -
Psalms 78:24 -	Psalms 105:40 -



Time to practice Philippians 2:14-15 _____

DAY THREE

Pray then read **Exodus 16:13-21**

1. Using  if you were a reporter for the WestGrove Watch, what would your front-page headliner be?

EXTRA! EXTRA! READ ALL ABOUT IT!

2. Did the Israelites understand what was on the ground in the morning? (v.15) Explain. _____

“**What is it?** The Hebrew (manna) means ‘what?’ as if to say ‘the what’s its name’. This food is further described in verse 31; Numbers 11:7-9; Psalm 78:24-25; and Psalm 105:40.” Ryrie Study Bible

A. What did Moses tell them? (v.15b) _____

1. How does Deuteronomy 8:3 further explain the LORD’S purpose in allowing the Israelites to experience hunger for a time? _____

3. In v.16, Moses clarifies to the Israelites the LORD’S command. How much was to be gathered? _____

Define OMER (v.36) _____

Challenge: What would an “omer” look like today? (e.g. soup can, gallon jug, juice box, etc) _____

A. Because they were **obedient**, what was the result? (v.17-18) _____

4. Moses reminds them of the LORD’S warning in v.19. What was it? _____

A. Because they were **disobedient**, what was the result? (v.20) _____

"People just don't listen. Moses said, "Now look, don't leave any over till the morning. Just, you know, get rid of it, whatever is left at night, get rid of it." Some of them tried to save some so they wouldn't have to go out early in the morning and gather it, and it got wormy and stunk. So Moses naturally-God said, "Hey I'll prove them to see if the heart can gather manna". They're failing the test miserably." Pastor Chuck Smith

1. Poor Moses... BUT, ultimately, did they "get it"? (v.21) _____

Something to Ponder: (v.21) "When the sun became hot, the manna on the ground melted. Therefore, the time to gather was in the morning, as indeed is true for us today spiritually. The Lord Jesus Himself sought the blessing and guidance of the Father "morning by morning" (Isaiah 50:4). If we are lax at the beginning of the day, this will affect us for the rest of the day, but diligence to begin with will make the whole day brighter." L. M. Grant

 Perfect segue to practice Philippians 2:14-15. Remember to speak it as you write it: _____

Ask someone if you may share Philippians 2:14-15 with them. If you did... share with your group ☺

DAY FOUR

Pray then read **Exodus 16:22-30**

1. The leaders of the congregation were obedient to *collect two omers for each one* on the seventh day... but they did not understand. Rather than "pretending" or "acting like they understood", what did they do? (v.22b) _____

♥ How about you? Sometimes when we don't know the next step or understand a Biblical principle, we are tempted to be embarrassed, or "feel" like a "cheesy Christian" and rather than humbly ask what a particular thing meant or how to do it, we pretend. You will never regret asking, and you will always be blessed because you did!

2. This is the first time Israel will hear about the Sabbath. How does Moses describe the Sabbath? (v.23a) "This is what the LORD meant: _____."

Define SABBATH _____ OBSERVANCE _____

A. What does the LORD teach the Israelites about the Sabbath?

v.23	The Sabbath is to be set apart to celebrate Who?	
v.29	The Sabbath is given to whom?	
v.30	The Sabbath is for the purpose of?	



1. Describe how the 7th day of rest *first observed*? (Genesis 2:2-3) _____

B. Read Hebrews 4:1-11. According to this passage...

**Who may enter His rest? (v.3) _____

**Why have some failed to enter? (v.6) _____

**The one who has entered His rest has also rested from what? (v.10) _____

**What example are we exhorted NOT to follow? (v.11) _____

"Be diligent to enter that rest: The **rest** is there, but God does not force it upon us. We must **enter that rest**. Clearly, the rest is entered by *faith*; but it takes **diligent** faith. This shows us that faith is not *passive*; it takes *diligence* to trust in, rely on, and cling to Jesus and His work for us. **Lest anyone fall according to the same example of disobedience:** If we are not **diligent to enter that rest**, the result can be a disaster. We may **fall according to the same example of disobedience**. We may **fall**, even as the children of Israel did in the wilderness." David Guzik

3. Re-read v.25-27. Clear warning is given... you will find none in the field. What happened on the on the 7th day? (v.27a) _____

A. Who does the LORD "hold accountable"? (v.28-29) Explain _____

1. Moses instructs them... again in v.29... "See... *the LORD has given you the Sabbath*... I LOVE this! HALLELUJAH! Write out v.30: _____



DAY FIVE

Pray then read Exodus 16:31-36

1. Who named the bread, and describe it: (v.31) _____

Define CORIANDER _____

2. The LORD commands Moses to do **what** with one omerful? (v.32) _____

A. The manna was to be placed into a jar, (v.33) and placed before the LORD, kept through their generation as a Testimony. Was Aaron obedient? _____

Define TESTIMONY _____

1. According to Hebrews 9:3-4, where would the Manna eventually be kept? _____

3. How long did the sons of Israel eat Manna? (v.35) _____

A. Read John 6:31-35. Who is "the true bread out of heaven" that God gives? _____

"Wherever the cloud broods the manna falls. If we are true to God's leadings, and pitch our tents in obedience to His guiding cloud, we may confidently reckon on Him to provide our daily food. It will come "day by day." Each man must gather, not only for himself, but for his own household. We are not to hoard up against tomorrow, because God, who has provided, will provide. And we are not to break in on the rest-day, or on the rest of our soul, by perpetual fret and care about our physical needs. God who opens His hand to supply the hunger of every living thing will not neglect His children. Give yourself up to holy fellowship; roll your anxieties on Him; take what He provides now, and trust Him for all coming days. Your bread shall be given you, and more than that. Remember that He gave quails in the desert and fish to the five thousand!" Frederick Brotherton Meyer; April 8, 1847 – March 28, 1929



Time to practice & write out your memory verse: _____

*"Jesus then said to them,
Truly, truly, I say to you, it is not Moses who has given you bread out of heaven,
but it is My Father who gives you the true bread out of heaven...
"Jesus said to them, I am the bread of life; he who comes to Me will not hunger,
and he who believes in Me will never thirst."*

John 6:32 & 35

